

## HEAD START FAMILY NEWSLETTER 👬



## A MESSAGE FROM OUR HEAD START DIRECTOR

Welcome back to school, parents, families and loved ones! At Community Action Head Start, we love your children. We do everything we can to make sure your precious little ones are nurtured - body, mind and soul. And we are 100% committed to preparing them for the first day of kindergarten, and beyond.

Thank you for entrusting your precious children to us. We hope you enjoy this back-to-school newsletter, and we welcome you to our Head Start family.

### "When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping."

This is a famous quote that Fred Rogers, from Mr. Rogers Neighborhood, made to preschoolers in 1999.

It was intended for young children, and it's a powerful notion for kids, especially very young ones. Children are small and fragile.

They rely on adults for almost everything, from daily care to emergency rescue.

We live for this quote at Community Action Head Start. We are the helpers, the teachers and the cheerleaders.

Imagine what our community would look like if every child had a strong start. That is the promise of Head Start. And in every classroom and every center, you can count on us to deliver on this promise.

#### Your Community Action Head Start Family

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### **BRIGADIER BIRTH TO 5**

Located in Warrington, Brigadier Birth to 5 is our newest center for early learning. Brigadier opened in August 2021 to much fanfare. Brigadier represents a blended model of Early Head Start infant and toddler classrooms and Head Start preschool classrooms for 3- and 4-year-olds. When fully built out, Brigadier will house a state-of-the-art Community Kitchen and enroll 185 children on its 7-acre campus. That will include 153 children in nine Head Start classrooms and 32 infants and toddlers in four Early Head Start classrooms.

"Children who participate in Head Start programs receive innumerable benefits. These advantages appear immediately, last a lifetime, and have an impact on other generations. The effects are particularly strong among children who are dual-language learners, children who are homeless or in foster care, those who qualify for free lunch, and those whose parents didn't graduate high school. When children receive

high-quality birth-to-five education, such as Early Head Start plus Head Start, the return on investment can be as high as 13% annually as measured by long-term educational, health, economic, and social impacts."

CAPC Executive Director Doug Brown

## CENTURY EARLY LEARNING CENTER

We are thrilled to welcome families to our newly expanded Century Early Learning Center. This location also opened in August 2021 and includes two beautiful classrooms - one Early Head Start infant and toddler classroom and a fully enrolled Head Start classroom. Serving children in Century, Molino, Cantonment and north Escambia County through high-quality early learning experiences is critical to our mission.

## WHAT'S NEW

- We're here for you. This school year, we are offering extended-day classrooms for the first time. And they're a huge hit! We are fully enrolled at all of our extended-day locations, and we're proud to offer this service to working parents and parents who are in school.
- Outdoor play is critical to learning. Over the past year, we've built 9 new playgrounds! We're investing in high-quality outdoor experiences. Look for more to come as we beautify our grounds.







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- **3** MONTCLAIR ELEMENTARY 820 Massachusetts Ave Pensacola, FL 32505 | ((850) 434-6870
- 4 CA WEIS ELEMENTARY 2701N "Q" St Pensacola, FL 32505 | ((850) 432-2992
- 5 GLOBAL LEARNING ACADEMY 100 North "P" Street Pensacola, FL 32505
- 6 WEST PENSACOLA ELEMENTARY 801 North 49th Ave. | Pensacola, FL 32506



### PARENT SHOWCASE - THANK YOU PARENTS!

### POLICY COUNCIL

#### By parents, for parents. Join this exciting leadership council today!

When Head Start began in 1965, its founders understood parents are essential partners. Your voice is #1.

At Community Action, we believe parents should help decide how Head Start services are run. Our Policy Council is a formal leadership and policy-making board for parents. The council makes decisions on how the Head Start program spends money, what children do in their classrooms, and how we work with community partners.

Children, parents, and Head Start benefit when parents take on leadership roles. Children learn more and experience healthier development at school and at home. Parents can become more confident, gain skills, and connect with other parents and staff. Program staff learn about the strengths, interests, and needs of the children, families, and community they serve.

Join the Policy Council today! We are currently recruiting new members. Talk to your center staff, or email d.nagle@capc-pensacola.org.

## Shine on, Families PEER Mantra

Pause	Bepresent together	
Engage	Ask curious questions	
Encourage	You can do it	
Reflect	Let's talk about it	
Extend	ready for more?	





Tell us how we're doing. This newsletter is for you. Your ideas and concerns matter.

And this school year, we are debuting a new virtual engagement tool, MyTeachingStrategies, to keep all of our families connected. This is an online family portal and mobile app that will give you another connection to your child's learning. Families, teachers and administrators can share photos, notes, daily reports, and more!

We look forward to connecting all of our families to MyTeachingStrategies in the weeks to come. Stay tuned for my details from your child's teacher. Once enrolled, you will \ begin receiving school-to-home learning activities that will help your child develop the readiness skills needed for the first day of kindergarten.



## PARENTS ARE EVERY CHILD'S FIRST AND MOST IMPORTANT TEACHER. LUCKILY, HEAD START HAS A TEAM READY TO HELP.

WELCOME TO OUR NEW AND RETURNING PARENTS!

Family engagement is a wonderful opportunity to create great partnerships between families and Head Start Social Services Advocates. These partnerships are fresh beginnings on the journey to school readiness. We offer family support, parent support and a dedicated advocate to help you succeed. From pursuing a new career to managing your family finances, our family engagement team works every day to help you achieve your goals.

- We are all working toward a common goal: To build better futures and create opportunities for your children and your families to live their best life.
- We work together so children are ready for the journey ahead, right from the start.
- We engage families and teachers in supporting every child's learning, at home and in the classroom.



## HEAD START FAMILY NEWSLETTER



### SAFETY FIRST

### **CAR SEATS MATTER**

One of the most important jobs you have as a parent is keeping your child safe when riding in your car.

Car accidents are one of the leading causes of childhood death. That said, correct car seat use can reduce that risk by nearly 70%. The simple act of making sure your child is safely buckled into their car seat or booster seat every single day is truly one of the best ways parents can help prevent unnecessary injury or even death of their child.

Need a carseat? Contact our family engagement team for resources and referrals

## **TYPES OF CAR SEATS AT A GLANCE:**

This chart is a quick guide on where to start your search. It's important to continue your research to learn about each seat you use.

AGE-GROUP	TYPE OF SEAT	GENERAL GUIDELINES		
Infants and toddlers	Rear-facing- only Rear-facing- convertible	All infants and toddlers should ride in a rear-facing seat until they reach the highest weight or height allowed by their car safety seat manufacturer. Most convertible seats have limits that will allow children to ride rear facing for 2 years or more.		
Toddlers and preschoolers	Forward-facing convertible Forward-facing with harness	Children who have outgrown the rear-facing weight or height limit for their convertible seat should use a forward-facing seat with a harness for as long as possible, up to the highest weight or height allowed by their car safety seat manufacturer. Many seats can accommodate children up to 65 pounds or more.		
School-aged children	Booster	All children whose weight or height exceeds the forward- facing limit for their car safety seat should use a belt- positioning booster seat until the vehicle seat belt fits properly, typically when they have reached 4 feet 9 inches in height and are 8 to 12 years of age. All children younger than 13 years should ride in the back seat.		
Older children	Seat belts	When children are old enough and large enough for the vehicle seat belt to fit them correctly, they should always use lap and shoulder seat belts for the best protection. All children younger than 13 years should ride in the back seat.		



### NEED TO KNOW

### **#SLEEVEUP4HEADSTART**

The pandemic has deeply impacted Head Start and Early Head Start programs, enrolled children, their families, and our communities. In September, President Biden announced a plan requiring all Head Start program staff and certain contractors to be vaccinated by January 2022. Vaccination of Head Start staff is essential as we work together to build back better and improve the delivery of services to our families.

Some of our staff are driving children to the doctor. Some are reaching out to families to make sure they're OK. Some are certifying emergency applications so that people stay cool and warm during the hottest and coldest months of the year. All of our staff are taking precautions to protect themselves and your children from this pandemic.

Together we are #CAPCstrong

# Head Start, let's do this together!









\$500

HIRING BONUS!

COMMUNITY ACTION PROGRAM COMMITTEE

# WE'RE HIRING! JOIN OUR CAPC FAMILY TODAY

Apply today and be part of our awesome organization.

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Apply online and learn more at <u>www.capc-pensacola.org/careers</u>





## **2021-22 HEAD START CALENDAR OF EVENTS**

October 28, 2021	In-Service Training Day	March 14 – 18, 2022	Spring Break
October 29, 2021	Teacher Planning Day	April 15, 2022	Good Friday Holiday
Nov 11, 2021	Veteran's Day	May 27, 2022	Teacher Planning Day
Nov 22-26, 2021	Fall Break/Thanksgiving Holidays	May 30, 2022	Memorial Day Holiday
Dec 20 - 31, 2021	Winter Break	June 20, 2022	Juneteenth Holiday
January 3, 2022	In-Service Training Day	June 24, 2022	Teacher Planning Day
January 17, 2022	Martin Luther King, Jr, Holiday	July 4, 2022	Fourth of July Holiday
February 21, 2022	President's Day Holiday	July 29, 2022	Last day for Students



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# **ENROLL NOW!** GIVE YOUR CHILD A HEAD START.

High-quality early childhood education services delivered at no charge through the Head Start/Early Head Start school readiness program!

## EARLY HEAD START

HEAD START

# CALL US 850.308.7165 OR APPLY IN PERSON

401 Brigadier St., Pensacola, FL 32507